



*Issue 3*

*May 2024*

# *Dental Rooms Connections*



**The Dental Rooms is an award winning multidisciplinary referral practice, in the heart of Wimbledon Village. Over the past 18 years, we have grown our referral network to include over 1000 referring dentists and have treated more than 10,000 patients**

We're thrilled to share some exciting updates from Dental Rooms that we believe will enhance our collaboration and ultimately benefit our patients.

**Collaborate with us**

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*Book your space at the Study Club  
on 6th June*



**Treatment Option 1: Dentures**

**Date 6th June 2024**

**Speaker Dr Samir Shah**

**Aim:**

To provide comprehensive understanding and practical strategies for the Management of missing teeth using removable prostheses

**Agenda:**

**18:00 : Welcome Cocktails & Canapes**

**18:30 - 19:45 : Lecture and Q&A**

Limited spaces available

**Book your space now**



**Dr Samir Shah**

Dr. Samir is a highly accomplished dentist and prosthodontist. With a distinguished background, including a Master's in Clinical Dentistry from King's College London and Membership in Prosthodontics from the Royal College of Surgeons Edinburgh, he specializes in conservative and aesthetic tooth restoration. As a Clinical Lecturer at the Eastman Dental Institute, Dr. Samir shares his expertise in implant dentistry and complex

rehabilitation. His calm demeanor and commitment to modern techniques make him a valuable asset to the practice.

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## *Clinical Showcase*

Every newsletter we showcase a clinical case, in this one would like to share a recent case we completed at Dental Rooms. At first glance, it may appear to be a simple replacement of an upper lateral incisor with an implant. However, this was a young patient with a high aesthetic demand, severe tooth-wear and a challenging occlusal scheme.





**a) Presenting Complaint:** Wobbly Tooth after hitting it against a door.

**b) Diagnosis:** Vertically fractured UR2, Localised anterior severe tooth wear, etiology predominantly attrition, abrasion and erosion

**c) Treatment Options:** Tooth wear: Stabilise and Monitor, restore aetiology is corrected using either composite or ceramic restorations.

UR2: Extractions and replacement

**d) Final Plan :**

- 1) Extractions of UR2 and immediate placement of a 4.3 RP Nobel Implant with Xenograft Bone augmentation and chairside provisional restoration
- 2) Prevention, improve oral hygiene
- 3) Tooth Whitening
- 4) Composite Build- ups at increased OVD to restore Tooth proportion and mutually protective occlusion; using Direct composite placed with injection moulding technique.
- 5) Restoration of UR2 implant with screw retained zirconia crown
- 6) Provision of an occlusal stabilisation splint.

**e) Treatment Discussion/Complications**

- 1) Extraction of vertically fractured tooth and preservation of buccal bite
- 2) Immediate placement of an implant
- 3) Conservative management of tooth wear with high aesthetic demand
- 4) Chairside provisional

It was key to educate the patient in understanding the benefits of idealising the occlusal scheme to make the long term prognosis of an implant restoration more favourable. This would also mean we would not have to make an aesthetic compromise for the restoration, and allowed for an improvement in proportion and symmetry of the teeth. We planned an immediate implant to replace the UR2; then soon after this we performed a localised anterior composite rehabilitation, utilising the Dahl concept as the implant was osseointegrating. Below is a detailed case description.

If you have any questions about this case, then Dr Samir would be happy to answer them at our upcoming study club on the 6th of June.

#### **f) Relevant references**

**Donos N, Asche NV, Akbar AN, Francisco H, Gonzales O, Gotfredsen K, Haas R, Happe A, Leow N, Navarro JM, Ornekol T, Payer M, Renouard F, Schliephake H.** Impact of timing of dental implant placement and loading: Summary and consensus statements of group 1-The 6th EAO Consensus Conference 2021. Clin Oral Implants Res. 2021 Oct;32 Suppl 21:85-92.  
The timing protocols including immediate versus early versus delayed implant placement/loading do not appear to have a high impact on patient comfort or satisfaction when evaluated after several months.

**Mehta SB, Banerji S, Crins L, Opdam N, Loomans BAC.** The longevity of tooth-coloured materials used for restoration of tooth wear: an evidence-based approach. Prim Dent J. 2023 Sep;12(3):43-53.

This article seeks to provide an evidence-based approach, focussing on the longevity of the materials which can be used for the restorative treatment of tooth wear, as well as their modes of failure and observed performance.



## *Last Study Club Highlights*



It was an immensely popular Study club by Dr Dev Patel, we had a packed house! It was an engaging and insightful event filled with valuable tips and useful clinical discussions.

Don't miss out on the next one.

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## *Lunch and Learn at your practice*



We will be arranging lunch and learn for your team at your practice. Just fill out the form by clicking below and advise topics of your interest.

**Book your Lunch and Learn now**

## Upcoming Study Clubs

*Study Club dates 2024*

06/06/24	Treatment option 1: Denture	Dr Samir Shah
25/07/24	Treatment option 2: Adhesive Bridge	Dr Dev Patel
19/09/24	Treatment option 3: Dental Implants	Dr. Dev Patel

### Welcoming referrals in :

Implantology

Orthodontics

Aesthetic and restorative dentistry

Facial Aesthetics

Oral and maxillofacial surgery

Sedation for anxious patients

Treatment planning advice

Periodontics

## Endodontics

We have a team of specialists and experts on hand to help manage all referred cases. Choose our dental practice for referrals- because excellence knows excellence!

### *Our Promises to you:*

- We provide multidisciplinary care to all our patients
- We provide an online fully encrypted referral facility
- We ensure efficient communication at each stage of the patient journey
- We will return patient back to your continued care
- We will provide easy access and communication with our team of specialists
- We shared consultation reports with our referring dentists

### *We offer our referring dentists these exclusive benefits:*

- Invitation to regular Study club lecture and networking opportunities.
  - Access to our team of specialists for clinical advice and treatment planning
  - Regular meeting with our Referral coordinator at your practice
  - Lunch and learn session at your practice for you and your team
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## Dentist Testimonials



Dentist Testimonial  
Dr Christine Hensley

*"I have been referring to the Dental Rooms since 2005.*

*I refer to them for implant surgery with restoration of full arch/complex cases; Periodontics; Endodontics and Orthodontics."*



Dentist Testimonial  
Dr Surendra

*He has been referring patients to Dental Rooms for over 15 years for implants, endodontics, periodontics. "I refer to The Dental Rooms as they have a range of specialists in addition to that, the team are very helpful and the work carried out is of a high standard and is appreciated by all our patients."*



Dentist Testimonial  
Dr Isabelle Parkes

*"I enjoy the study club lectures as they are very informative and always relatable to practice and I think it's fantastic that they provide educational support."*

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Thank you for reading our newsletter and we hope to see you at the practice soon!

*From, the Dental Rooms team*