



Welcome to the Dental Rooms newsletter

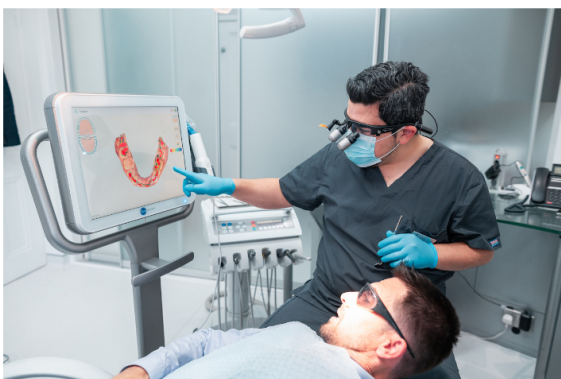


Welcome to our Winter Newsletter! We hope you have had a wonderful start to the year.

We're offering new patients FREE iTero 3D scans (worth £150) to keep on top of their oral health! Scroll down to learn about what makes these so unique and how you could benefit.

You can also discover why routine check-ups are so important for your overall health, read some inspiring patient stories, and hear all the latest updates from the Dental Rooms team!

Save on iTero scans!



Our iTero scanner is one of our favourite pieces of equipment in the Dental Rooms practice! Here's why.

The intraoral scanner enables us to take impressions easily, diagnose decay, monitor tooth wear, movement, and gum recession, and plan any treatment you might need. We can even show you your scans on a screen during your appointment, to help you better understand your oral health.

New patients can take advantage of FREE iTero scans, and registered patients book a check-up to receive your complimentary scan!

The iTero scanner makes your appointments more efficient, accurate, and comfortable. Book an appointment to try it out yourself.

[Try our iTero scanner](#)

Why are regular check-ups so important?



You should always visit your dentist at least once every six months for a thorough check-up, but why is this so important?

More than half of UK adults haven't had a check-up in the last two years, and more than a quarter only visit when there's an issue. Is it any wonder, then, that 31% of adults have tooth decay, 66% have visible plaque, and 29% suffer from regular pain?

Poor oral health can also increase your risk of developing a range of other health conditions.

Those with moderate to severe gum disease have a 69% higher risk of developing type 2 diabetes which, in turn, increases their risk of heart and circulatory disease.

Mouth cancer screenings are a vital part of routine check-ups, as spotting the early signs can boost survival rates from 50% to 90%.

Check-ups help us to detect dental development problems early on in a child's life and intervene to reduce the need for braces later in life.

If your last check-up was over six months ago, visit our website to get one in the diary!

[Book a check-up](#)

Expanding the practice



We're thrilled to announce that the Dental Rooms practice will be expanding soon! We are in the process of adding two new floors to the upstairs area, to make room for new surgeries, meeting rooms, a call centre, and additional staff areas.

We're so eager to see all the hard work come to life, and we can't wait to share the new space with you soon. Keep your eyes peeled for updates over the coming months!

We would like to apologise for any disturbance and noise caused by the ongoing work! We hope it doesn't affect your visits to the practice. Please feel free to reach out if you have any concerns.

Thank you to our wonderful patients



We are always so touched by the thoughtfulness of our patients, who go above and beyond to show their kindness and make us feel appreciated.

Recently, a dear patient gifted us a gorgeous painting of the Dental Rooms building which we will display with pride at the practice!

Thank you so much to this patient, and to all of you, for being so wonderful. We couldn't be more grateful to you!

Make your smile sparkle this Valentine's Day!



If you're looking for the perfect, show-stopping smile just in time for Valentine's Day, now's your chance!

Whether you've got a big date on 14th February or are just looking to fall back in love with your smile again, you can now save £100 on transformative [teeth whitening](#) treatment to make your teeth sparkle!*

To take advantage of this exclusive offer, just give our friendly reception team a call on 020 8946 2426 or drop an email on reception@dentalrooms.co.uk.

Valid until 31st April 2023 only.

Save on a sparkling new smile

Patient stories

We always see first-hand how much dental treatment can change lives. This month, we wanted to share three incredible patient stories that show this in action! Cosmetic and restorative dental treatment has changed the way these patients feel about their smiles.





Mari Hastings

This is Mari Hastings! She was unhappy with her metal crowns and misaligned teeth. We made space between her teeth and straightened her smile using Invisalign, before replacing her crowns with ceramic white ones and replacing the missing teeth with dental implants.

This journey was transformative - Dr Angela and Dr Dev helped her to achieve the smile of her dreams.



Tom Green

When Tom first visited us, he felt insecure about his uneven, rough, and discoloured smile. We recommended a smile makeover using three different treatments to achieve a stunning result!

Tom received treatment from Dr Angela, Dr Kimberley, and Sara, our Orthodontic Therapist. They straightened his smile with Invisalign clear aligners, used teeth whitening to elevate the shade, and repaired the rough surfaces with composite bonding.



Geraldine Holden

Geraldine Holden recently celebrated her 60th birthday! We hope she had a very special day celebrating.

Dr Angela and Sara are currently straightening her smile with Invisalign. When her treatment is complete, her brand new straight smile will be the best belated present she could ask for!

Team news



Recently, our full team took part in an engaging training day led by our business coach, Chris Barrow. This training is helping us to create the most efficient patient journey by learning the importance of each team member's participation to accomplish it!

Our admin team also took part in AIQ training around patient communication to provide high standards in this area - you should soon see the fruits of our labour!

We're always striving to train our non-clinical team on a regular, so we deliver premium customer service experience to our dear patients.

This month, we're thrilled to welcome two new dentists to the team! You can learn all about them below:

We are thrilled to welcome Dr Ahmed to the team! He is our newest general dentist, who qualified from Barts and the London School of Medicine and Dentistry in 2016.

He also has an MSc in Implantology from UCL's prestigious Eastman Dental Institute, in which he was a gold medalist.

Dr Ahmed is a certified sedation dentist and enjoys the challenge of treating highly anxious patients under sedation.

In his spare time, he is an accomplished portrait artist and pianist, and uses his Instagram account @ahmedentistuk to teach and inspire young dentists.



A big welcome to Dr Machos, our new Periodontist ! He graduated in Greece in 2014.

He has extensive experience as a dentist, including in a Military Unit and private practices in Greece and the UK.

In 2022, he completed the periodontology programme at the UCL Eastman Dental Institute.

He has also attended several courses and congresses to further develop his knowledge and skills in dentistry, in pursuit of his great passion: periodontology. He is also a keen cyclist!

Remember, the best way to keep up-to-date with everything Dental Rooms is by following us on Instagram!

[Follow us on Instagram!](#)

From, the Dental Rooms team



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